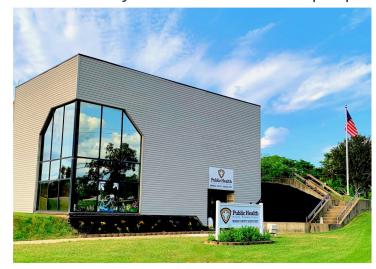
## **MCHD HEALTH BLOG**

The greatest wealth of a community is the health of the people.





## IT IS MORGAN COUNTY FAIR TIME!

Who is going to the Morgan County Fair next week? We are and we can't wait to see you there!

You can expect to see our Environmental Health staff out early next week performing inspections of all food stands at the fair to ensure they have met all food service license requirements for this type of event. These inspections help us protect our community from the spread of disease and other hazards.

You can also expect to see our employees staffing a booth from 10:00-4:00 on the following days to share information on the services we offer and to provide education and resources to help keep you healthy:

- Tuesday, 9/5 Stop by to learn about general functions of the health department and get details on obtaining birth and death certificates.
- Wednesday, 9/6 Our nursing staff will be doing free blood pressure checks and sharing information on our nursing services including our Narcan kit distribution program.
- Thursday, 9/7 Staff will be sharing information on programs that provide free vaccines for children, free car seats, and tobacco prevention and cessation assistance.
- Friday, 9/8 The Environmental Health department will be on hand to provide you with information about water wells, septic systems, mosquito/tick prevention, food safety education, and more.

We would also like to share a few safety tips for you and your family as you enjoy the fair:

- Stay hydrated. Wear hats, sunscreen and sunglasses
- Stay weather aware. Check the weather forecast before you leave. Know where you can take cover if storms arise.
- Wear closed-toe shoes to protect your feet in areas where animals are and on rides.
- Pay attention to your surroundings. Exhibitors preparing animals for shows, equipment and vehicles can be found throughout the fairgrounds. Even distracted walking while on your cellphone can make you more vulnerable to injury. Be especially careful crossing roadways and in parking areas.
- Always ask before petting an animal and never approach it from behind. Stay calm around them and be aware of the potential of them to cause injury, like a cow kicking.
- Wash your hands thoroughly with soap and water after touching animals and before eating.
- Eat your fair food outside of the animal barns.
- Follow ride rules and use all safety equipment.
- Keep young children close to you and hold their hand if possible. Talk to your children about what to do if they get lost.
- Know where to find help. Be sure to locate the first aid station and the sheriff's booth.

Have fun, visit with your friends, and don't forget to show your support for all the exhibitors. Stay safe and stay healthy. The greatest wealth of a community is the health of the people.