MCHD HEALTH BLOG

The greatest wealth of a community is the health of the people.





COUNTY FAIR SAFETY TIPS

The fair is the highlight of the year for many so be sure to review these tips to keep you and your family safe while visiting the fair:

- Stay weather aware. Check the weather forecast before you leave. Know where you can take cover if storms arise.
- Wear closed-toe shoes to protect your feet in areas where animals are and on rides.
- Stay hydrated. Wear hats, sunscreen and sunglasses
- Keep young children close to you and hold their hand if possible. Talk to your children about what to do if they get lost.
- Know where to find help. Where is the first aid station? Where is the sheriff's booth?
- Pay attention to your surroundings. Exhibitors preparing animals for shows, equipment and vehicles can be found throughout the fairgrounds. Even distracted walking while on your cellphone can make you more vulnerable to injury. Be especially careful crossing roadways and in parking areas.
- Always ask before petting an animal and never approach it from behind. Stay
 calm around them and be aware of the potential of them to cause injury, like a
 cow kicking.
- Wash your hands thoroughly with soap and water after touching animals and before eating. Eat your fair food outside of the animal barns.
- Follow ride rules and use all safety equipment.